

# Life Care Plan

**Paul M. Deutsch & Associates, P.A.**

10 Windsormere Way, Suite 400  
 Oviedo, FL 32765  
 (407) 977-3223 Fax (407) 977-0311

**Brittany Newberry**  
**Potential Complications**  
**For Information Purposes Only. No Prediction of**  
**Frequency of Occurrence Available.**

**DOB:** Feb 27, 1990

**D/A:** May 6, 2006

**Date Prepared:** Dec 30, 2008

**Primary Disability:** Tetraplegia C-6-7  
 Incomplete/TBI

Complication	Cost of Complication	Comment
Arthritis	Cost varies according to extent of complication	Greater risk for developing arthritis due to orthopedic injuries.
Bowel Obstruction	Cost varies according to extent of complication	Secondary to chronic constipation.
Contracture Deformities	Cost varies according to extent of complication	Inappropriate or lack of range of motion exercises.
Hemorrhoidectomy	Cost varies according to extent of complication	Can result from chronic constipation.
Major Depression	Cost varies according to extent of complication	Inactivity and low self-esteem.

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Complication	Cost of Complication	Comment
Orthopedic Problems with Shoulders and/or Elbows	Cost varies according to extent of complication	Shoulders and elbows not designed to be weight-bearing joints.
Osteomyelitis Related to Pressure Ulcers	\$59,600 - \$115,635 (Average cost excluding surgery charges.)	Treatment can include inpatient hospitalization, surgical debridement of pressure ulcer, bone biopsy, culture-specific antibiotic therapy, and surgical flap surgery to close the wound.
Osteoporosis	Cost varies according to extent of complication	Lack of weight bearing; may result in bone fractures.
Pressure Ulcers	Cost varies according to extent of complication	Lack of pressure relief in bed or in wheelchair.
Pulmonary Complications	Cost varies according to extent of complication	Respiratory complications secondary to reduced mobility.

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Pulmonary Embolism (clot that breaks loose and travels through veins to lungs)	Cost varies according to extent of complication	May result from thrombophlebitis.
Renal Complications	Cost varies according to extent of complication	Chronic infections; incomplete voiding; urinary reflux; inadequate fluid intake; hypertension.
Spinal Fusion	Cost varies according to extent of complication	Slipage at the fusion site requiring a repeat of fusion surgery.
Syringomyelia	Cost varies according to extent of complication	A chronic progressive disease of the spinal cord characterized by the development of cavities and gliosis of surrounding tissue. Surgical placement of a shunt could be necessary.
Thrombophlebitis (blood clot or deep vein thrombosis)	Cost varies according to extent of complication	Results from lack of movement and swelling in lower extremity.

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Urological Infections	Cost varies according to extent of complication	Lack of mobility; inadequate fluid intake.