



Upper Extremity Amputee Assessment - (List Current Treating Physicians)

Rating:

0 Impossible

2 Labored/Awkward

1 Accomplish w/Strain

3 Smooth

Activities of Daily Living

RATING

Activities of Daily Living	RATING
<b>Dressing:</b>	
Buttoning Long Sleeves; Unbuttoning	
Putting on Shirt	
Putting on Pants/Fastening	
Putting on Belt	
Putting on Socks/Shoes	
Tie Shoes	
Tie a Tie	
Putting on Gloves	
Tuck Shirt in Trousers	
Putting on Underwear	
Over-the-Head Clothing	
Put on Prosthesis	
<b>Personal Care:</b>	
Shaving	
Brushing Teeth/Flossing	
Washing Face/Showering	
File/Clean Finger Nails	
Blow Nose	
Style Hair/Shampoo	
Toileting	
Jewelry (Watch, Rings, Tie Clasp, etc.)	
Care of Stump	
<b>Household Procedures/Desk-Home Procedures:</b>	
Utilize Telephone/Desk & Pay Telephone	
Utilize Scissors	
Utilize Ruler	
Sharpen Pencil	
Utilize Eraser	



Title

Activities of Daily Living

RATING

Activities of Daily Living	RATING
<b>Household Procedures/Desk-Home Procedures: (continued)</b>	
Fold Letter & Place in Envelope	
Open Envelope	
Utilize Paper Clip	
Utilize/Load Stapler	
Wind Clock/Watch	
Tune TV/Radio	
Open Doors w/Door Knobs	
Writing Checks	
Take Money from Wallet	
Obtain Change from Pocket	
Make Bed/Change Linen/Put on Pillow Cases	
Carry Books	
Sewing (Buttons, etc.)	
Threading Needles	
Read Newspaper	
Laundry/Ironing	
Utilizing Pockets	
Wrap/Unwrap Packages	
Open/Close Safety Pin	
Turn on Lights	
Hook Screen Door	
Open/Close Drawers	
Pick-up Objects from Floor	
Vacuum	
Mop	
Dust	
<b>Business/Office Procedures:</b>	
Utilize Typewriter/Keyboard	
Utilize Multi-Line Telephone	
Utilize Calculator/Key Adding Machine	
Use Paper Clips/Rubber Bands, etc.	
Handshaking	



Title

## Activities of Daily Living

## RATING

Activities of Daily Living	RATING
<b>Business/Office Procedures: (continued)</b>	
Writing	
Carry/Open Briefcase	
Turn Pages in Books	
Use Card File	
<b>Cooking/Kitchen Activities/Food:</b>	
Separate Paper Towels	
Fill Salt/Pepper Shakers	
Grocery Shopping	
Cooking Meals (Stove & Oven)	
Lighting Cigarettes	
Food Handling	
Grapefruit/Orange Handling	
Opening Cans	
Measuring/Pouring Liquids	
Washing Dishes - Scouring Pots and Pans	
Slicing/Peeling Vegetables	
Eating/Drinking	
Barbecue Grill (Lighting & Cooking)	
Open Egg	
Manipulate Hot Pans	
Beat (w/Fork)	
Use Electric Blender	
Use Food Processor to Peel Vegetables	
Light Gas Oven/Stove	
Butter Bread Rolls	
Crumble Crackers for Soups	
Eating Soups/Cereals	
Cutting Meats	
<b>Recreational Activities:</b>	
Play Cards/Shuffle	
Change CD's on Stereo	
Play Games (Board: i.e. Checkers)	



Title

Activities of Daily Living

RATING

<b>Recreational Activities: (continued)</b>	
Utilize Camera	
Sports: Tennis	
Golf	
Swimming	
Horseback Riding	
Croquet	
Bowling	
Basketball	
Play Musical Instrument	
Eating Out	
Fishing	
Parties/Entertaining	
<b>In Public:</b>	
Opening Store Doors	
Picking Up Change	
Holding Packages	
Maneuvering in Crowds	
<b>Maintenance/Repair Activities:</b>	
Cut Grass	
Trim Hedge	
Weed	
Plant Shrubs, Flowers	
Edge Sidewalk	
Rake	
Utilize Hand Tools: Hammer	
Screwdriver	
Saw	
Drill	
File	
Sand, etc.	
Painting	
Change Light Bulb	



Title

**Activities of Daily Living**

**RATING**

<b>Maintenance/Repair Activities: (continued)</b>	
Change A/C; Heater Filters	
Sweep	
<b>Automobile Activities:</b>	
Start Car	
Drive/Back-Up	
Raise Hood	
Fill Gas/Oil/Coolant/Fluids etc.	
<b>Sex Life/Dating/Marriage:</b>	
Sexual Intercourse	
Dating	
Tolerance to Other Person	
Romanticism	
Considerateness	
<b>Miscellaneous:</b>	
Child Care	
Apply for Jobs	

**Activities of Daily Living**

Activity	Ability	Lenght of Time
Standing		
Sitting		
Crouching		
Squatting		
Lifting		
Kneeling		
Upper Extremity Range of Motion		
Walking		
Climb		
Twist		